

Are You a Smoker or Former Smoker?

A Low-Dose CT Screening Could Save Your Life!

Am I High Risk?

If you have ever been a smoker and answer "yes" to any of these questions, you may be considered high risk for lung cancer.

• Are you over the age of 55?

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• Are you a smoker or have you quit smoking within the last 15 years?

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• On average, do you now or have you ever smoked at least one pack of cigarettes per day?

Yes No

Other risk factors include:

- Radon or occupational carcinogen exposure (asbestos, arsenic, diesel fumes, etc.)
- Family history of lung cancer
- COPD or pulmonary fibrosis
- · Personal history of cancer or lymphoma

How Do I Decide If I Should Be Screened?

Low-dose CT screenings provide earlier detection, when lung cancer is most treatable.

Discuss your medical history, the risks of screening and benefits with your doctor. In order to be covered by Medicare, you must visit your doctor and have an order.

Is This Screening Covered By My Insurance?

Your insurance may or may not cover the cost of a low-dose CT screening for detection of early-stage lung cancer. This screening is covered by Medicare when ordered by your doctor after a lung cancer screening counseling appointment.

What You Can Do

- If you are a smoker, start a plan to quit. We can help!
- Make your home and work environment smoke-free.
- Be aware of occupational exposures.

If you are still smoking, talk to your physician about ways to help you quit.

For more information on lung cancer screening, call 775.748.2243.



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-775-738-5151.

PAUNAWA: Kung nagsasalita kang Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-775-738-5151.